# **Leading Cultural Change**

Helen Belcher

#### What We Are Going To Do

How do I evaluate stuff?

How do I deal with change?

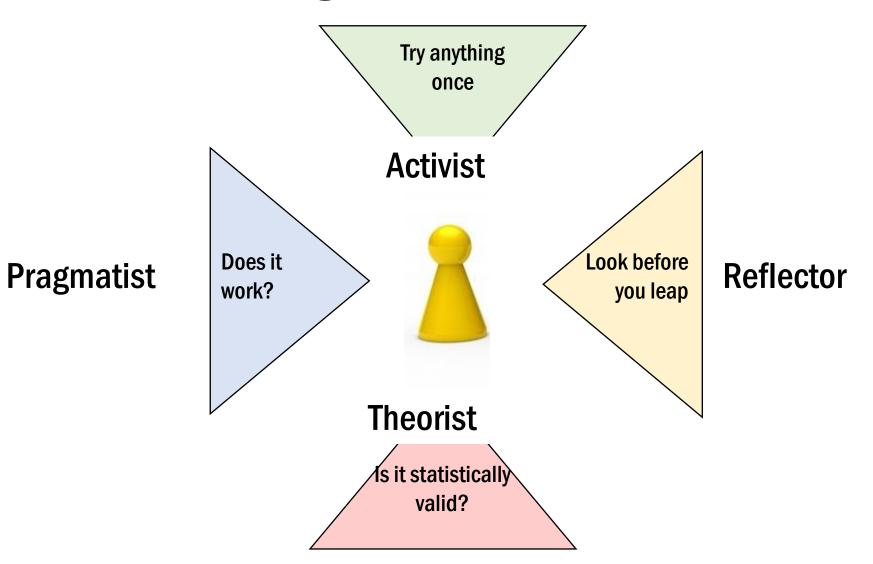
What obstacles are there to behavioural change?

How can we work for organisational / cultural change?

# What We Are Unlikely To Do

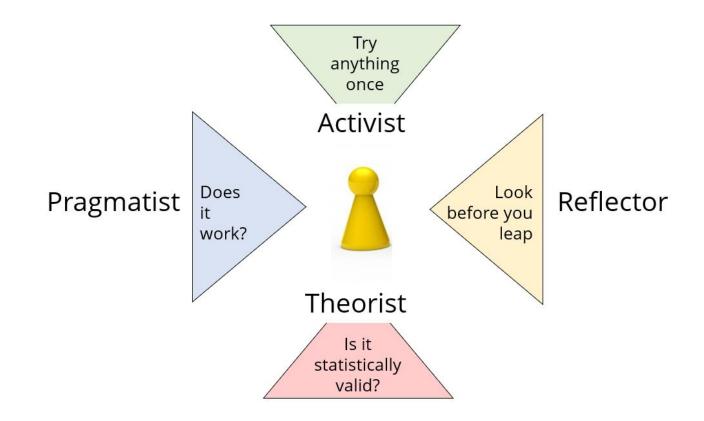
Come out with a plan to change the world

# Do You Leap Straight In?



# **Activist, Reflector, Theorist, Pragmatist?**

Spend a couple of minutes giving yourself a score on each axis.





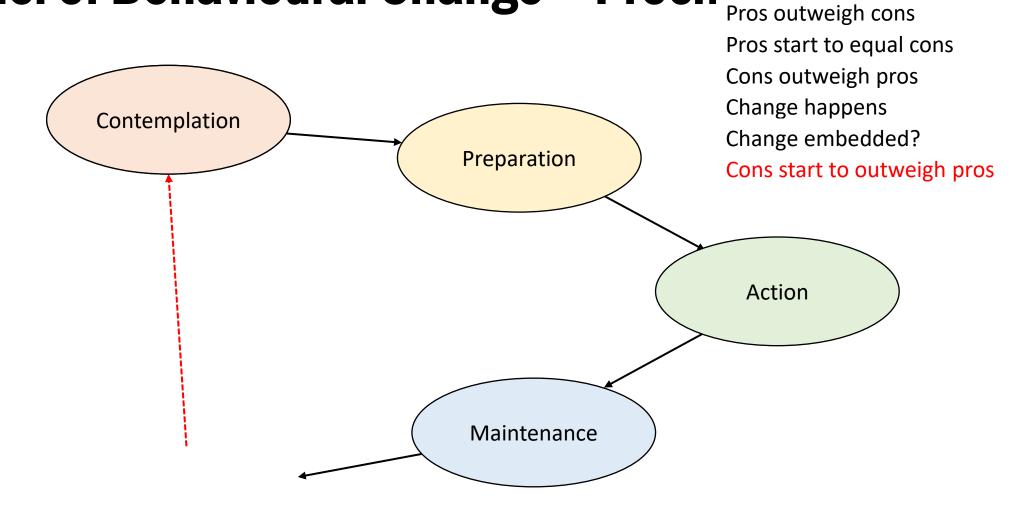
# **How Do You Deal With Change?**

Think about a time when you were challenged by something or someone which made you uncomfortable at first, but you ended up changing your views or approach as a result.

- What was the challenge?
- How were you challenged?
- What were your initial reactions?
- Why did you react that way?
- How did your reactions change?
- What caused those changes?



Model of Behavioural Change - Prochaska

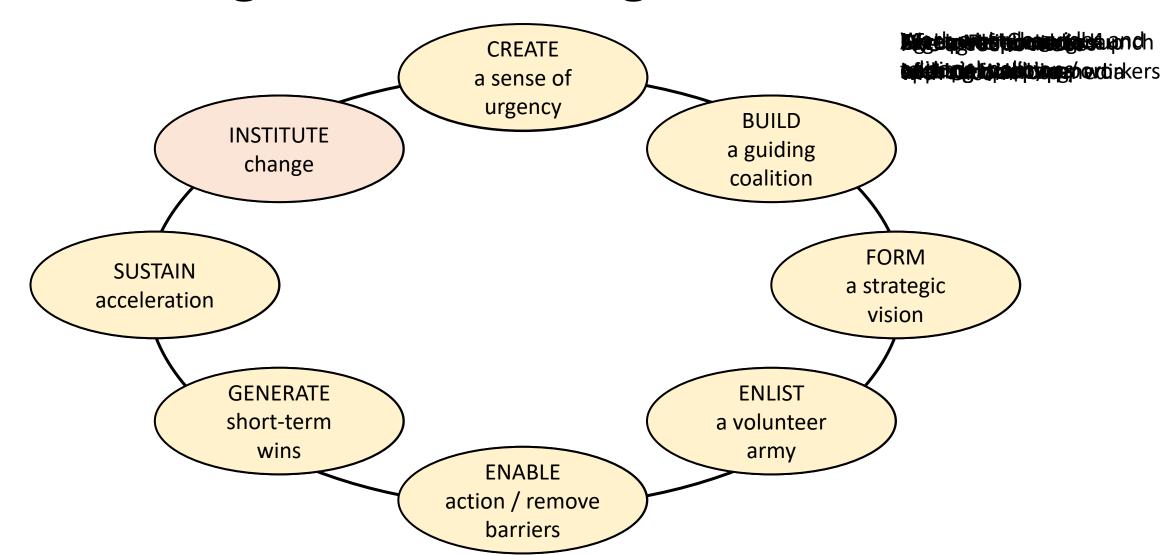


# **Obstacles to Change**

What reasons do people have to avoid changing their behaviour or attitudes?

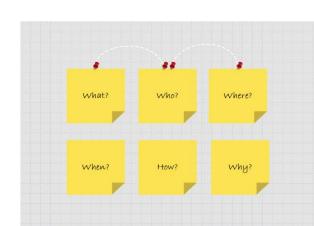


# **Model of Organisational Change – Kotter**



# What Change Do You Want To See?

What is problem?



# What Change Do You Want to See?

Who can help?

What barriers can be removed?

What quick wins are there?

How can you cement change?

