#### National Ambulance LGBT Network

# Transgender Awareness Event

### Information and guidance for Ambulance Services

Sally Abbott, Alistair Gunn Kath Henwood and Jonny Holmes 13 February 2018

Supporting Lesbian, Gay, Bisexual, Trans staff, patients and communities

A partnership of UK Ambulance Services



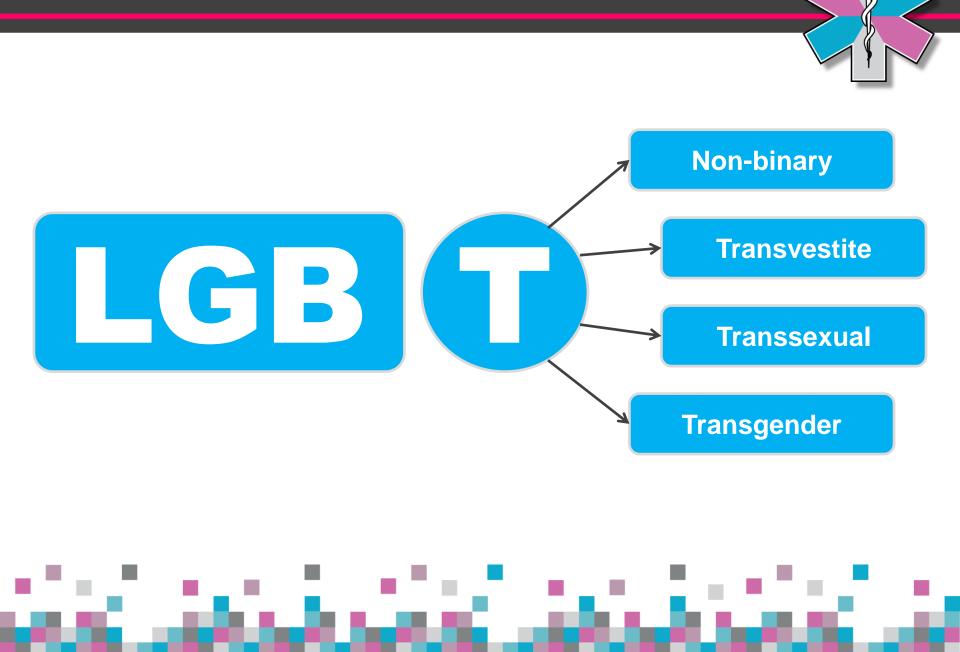


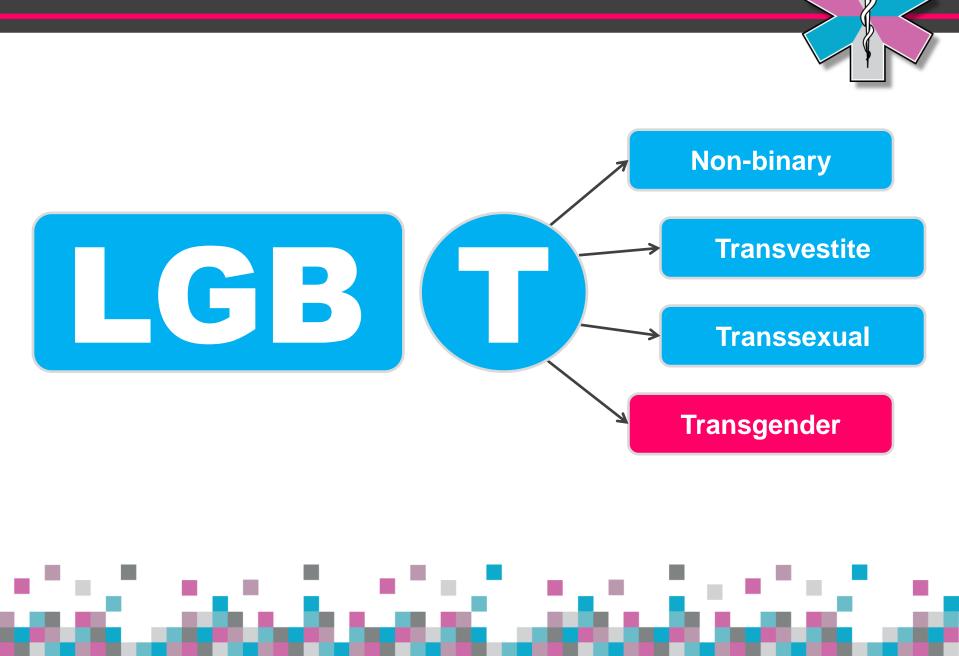






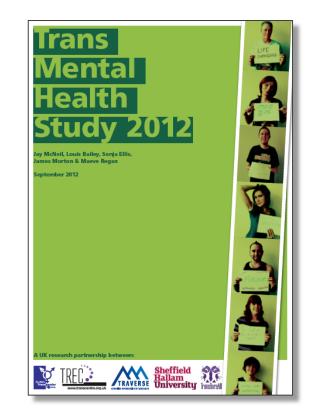




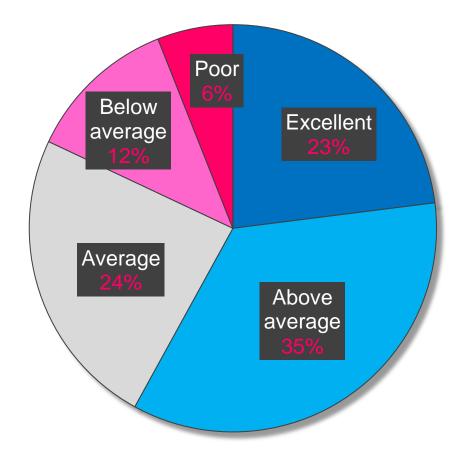


### **5.** Health Inequalities

- Higher incidence of mental health issues in the trans community
- 84% have experienced suicidal ideas
- 48% have attempted suicide once
- 53% self-harmed and 36% experienced major depression
- 81% of people surveyed have suffered from 'silent harassment'



#### 6. Research in Yorkshire



# How trans patients rated their experience

This is from a study of 18 people who interacted with Yorkshire Ambulance Service

Kath Henwood, 2017







calm

### professional

### good experience

'I was treated with dignity and respect and there were no issues'





### distressing

### completely unacceptable

## intrusive questioning

### awkward

'Didn't know much about my situation'





The National Ambulance LGBT Network is currently working on building information packs to look at how the ambulance service can provide a better experience to trans patients and also support trans staff.



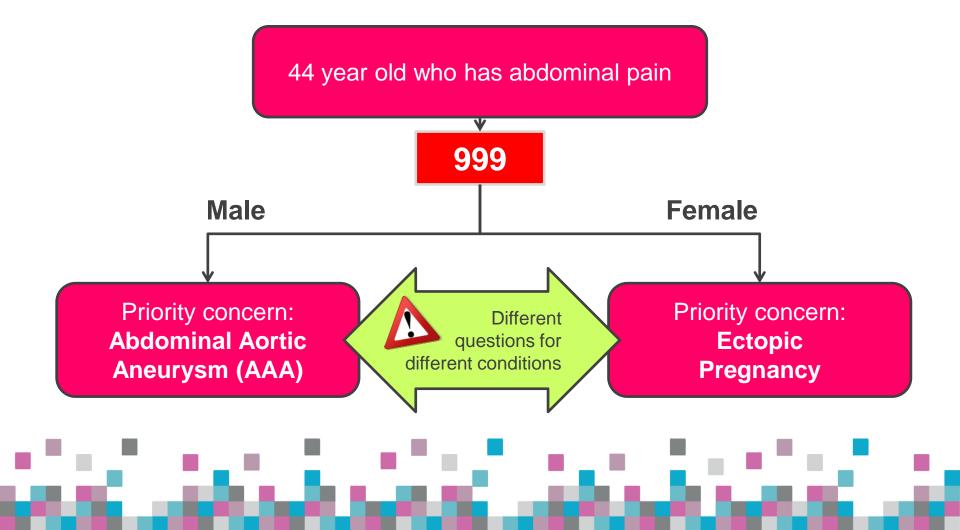
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Calling

- Transgender people experience high levels of discrimination, prejudice and ignorance during their daily lives and telephone conversations can cause angst due to the higher likelihood of being misgendered.
  - Tips for call handling in regards to gender identity:
    - Ensure privacy of gender identity at all times.
    - Ensure dignity and respect is maintained.
    - Try use neutral terms.
    - Do not act surprised.
    - Do not make assumptions.
    - Don't ask questions out of curiosity.

### **11. Example System Issue**

The A&E dispatch system does not currently differentiate for non-binary or transgendered people. Here are some specific examples.



- Ambulance crews treat patients from many diverse backgrounds everyday and the principles of non-judgemental and neutral practice remain the same when treating patients who identify as trans.
  - The principles remain the same from call handling with some additional specific medical needs that are unique to the trans community.
- Avoid intrusive questioning and make sure questions are appropriate. If someone breaks their arm, their gender is not an issue. If the person has abdominal pain, it may be!

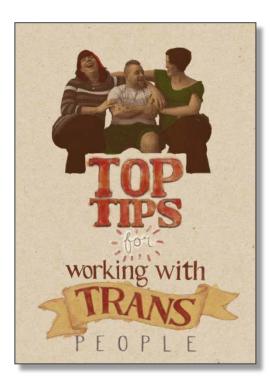
### **13.** The Patient Journey

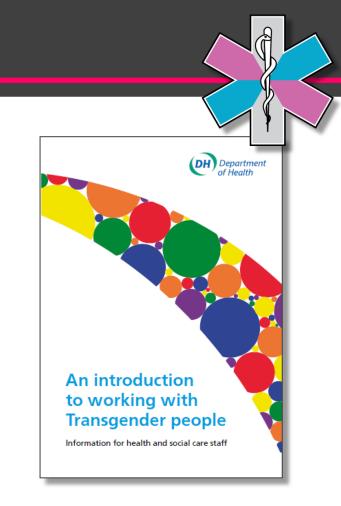
**Patient Handover** 

- Be sensitive to a persons' trans history and only share the information if relevant to their chief complaint or if it means being able to provide the correct service/treatment for them. Never reveal a person's Trans history without their prior permission.
- Be mindful of your surroundings, do not discuss confidential information in a public area or where it may be overheard by others.
- A trans persons experience should not differ from any one else, be mindful and respectful of their individual needs and preferences.

### **14. Keeping Informed**







#### Some of the information available from NHS Wales, 'TransBareAll' and Department for Health



### **15.** www.ambulanceLGBT.org

