



National Ambulance LGBT Network

Transgender Day of Visibility

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Each year on 31 March it is Transgender Day of Visibility, and we have put together this factsheet to explain what this is all about and why it is important.

Transgender Day of Visibility is an annual event that celebrates transgender people from around the globe. It recognises the courage that it takes to live openly and authentically, and to raise awareness of the discrimination that still exists around the world.

This event was founded in 2009 by Rachel Crandall, a transgender activist from the United States. It was created in response to the lack of celebrating transgender people, and designed to complement Transgender Day of Remembrance which takes place in November and remembers the many trans people who have lost their lives due to transphobic violence.

Did You Know?

It is thought **1%** of the population identify as transgender or non-binary

1 in 8 trans people have been physically attacked by a colleague or customer in the last year

2 in 5 trans people said that healthcare staff lacked understanding of their needs

The Trans Star of Life



In 2018 the National Ambulance LGBT Network launched the trans star of life to raise awareness of, and show support for, the trans community. The trans star of life is a fusion of the trans flag and the internationally recognised symbol of emergency pre-hospital care.

What Can You Do?

- On or near to 31 March, arrange an event to raise awareness of trans people and provide useful information to your workforce.
- You can support staff networks and help to raise awareness and challenge transphobia in the workplace. Some Ambulance Services have 'allies' programmes for staff who do not identify as LGBT. A list of staff networks can be found at www.ambulanceLGBT.org/networks.
- Wear the rainbow or trans star of life badges with pride, so that colleagues, patients and their loved ones know that you are a safe person to talk to. It's much more than just a badge!
- Increase your trans awareness and understanding. There's a new handy pocket sized resource (right) that was developed by the National Ambulance LGBT Network. You can print it off and carry in your pocket *.



* Find these resources at www.ambulanceLGBT.org/resources/supporting-trans-people.

Find Out More

Some other useful information can be found at:

- United Kingdom based organisations like GIRES (www.gires.org.uk) and TransBareAll (www.transbareall.co.uk) have some excellent information leaflets.
- You can find a lot of information about trans equality on the Stonewall website (www.stonewall.org.uk) including the Trans Report from 2017.
- You can find information and presentations for ambulance staff on the National Ambulance LGBT network website, at www.ambulanceLGBT.org.